#### Hello Santa Fe County Constituents,

There has been an increased number of questions on the recommendation of wearing facemasks, and this week the Centers for Disease Control and Prevention (CDC) has issued new guidelines. The CDC is now recommending facemasks and coverings be used by everyone who is out in public. This is not a substitute for staying home or social distancing, only an additional layer of protection when essential travel is necessary. Please review the graphic below and for more detailed information click on the <u>Use</u> of Cloth Face Coverings to Help Slow the Spread of COVID-19 link.



# Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
  - Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.

With the COVID-19 outbreak changing the way we live and operate; malicious individuals have found new ways to take advantage of people's need for COVID-19 information as well as their generosity. Many malicious cyber actors are using e-mail and malicious websites that claim to have COVID-19 maps and information are now downloading malware as well as providing misinformation. With the large number of these websites I encourage you to seek information from official sources such as the following:

# The Centers for Disease Control (CDC):

https://www.cdc.gov/coronavirus/2019-ncov/index.html

https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-faq.html

#### Johns Hopkins University COVID-19 Map:

https://coronavirus.jhu.edu/map.html

#### **New Mexico Department of Health:**

https://cv.nmhealth.org/

# **World Health Organization (WHO):**

https://www.who.int/publications-detail/advice-on-the-use-of-masks-in-the-community-during-home-care-and-in-healthcare-settings-in-the-context-of-the-novel-coronavirus-(2019-ncov)-outbreak

In addition to malware laden websites, many scam websites and e-mail phishing campaigns have sprung up to take advantage of people's generosity. It is a good practice to verify the validity of any organization to which you are considering donating your hard-earned money. A few places that you can gain information regarding charities are below:

# **Charity Navigator:**

https://www.charitynavigator.org/

# Give.org, part of the Better Business Bureau:

http://www.give.org/

# **GuideStar:**

https://www.guidestar.org/

Stay healthy and safe out there!